

FALL PROTECTION



**SAFETY
CONSCIOUS**
CONSULTANCY

AUTHORIZED PERSON COMPREHENSIVE

Course Description

Each year, numerous workers suffer the traumatic effects of a fall from height. Workers need to understand these dangers and the options available to help mitigate this hazard. The methods used to protect oneself at height can vary between situations, thus requiring comprehensive training. In addition to the general principles of working safely at height, this one-day course also covers common fall protection systems, providing knowledge on selection, set-up, and usage. A variety of instructional techniques, including challenge questions, workbook exercises, and practical learning applications, will be used to educate course participants. The curriculum will cover proper pre-use inspection, harness donning, system selection, and system set-up. The course is suited for those who perform work duties at height in various at-height jobsite situations and will be responsible for selecting and utilizing the appropriate system components. The course material will provide students with an engaging and enjoyable learning environment.

Duration: 8 Hour Program

Course Code: 6418

Course Overview

- Fall hazard identification
- Fundamentals of working at height
- Fall protection oversight
- Passive systems
- Administrative controls
- Fall arrest system components
- Harness donning and inspection
- Equipment care
- Rescue requirements
- System selection and set-up

To learn more about our courses and to register, visit or contact us at:

 **1 (868) 757 4152**  **sajeev@safetyconsciousstt.com**  **159 Gasparillo Road, Gasparillo**

Note: These courses are intended to address the generalities of fall protection best practices and to complement worksite specific programs. Always consult and follow all applicable laws and regulations and your worksite specific fall protection program.

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AUTHORIZED PERSON ESSENTIALS

Course Description

Each year a significant number of workers are injured or killed from a fall on the jobsite. Regardless of one's work frequency and duration, all workers performing duties at height need to understand the proper application and use of fall protection. This half-day course will provide an overview of fall protection principles and the essential equipment components used in a basic personal fall restraint or arrest system. The course includes challenge questions, workbook exercises, and other interactive instructional techniques to enhance student learning. This training program is suited for those who work at height in a specific situation with an established approved anchor point using basic connectors and body supports. The course material will provide students with an engaging and enjoyable learning environment.

Duration: 4 Hour Program

Course Code: 6408

Course Overview

- Fall hazard identification
- Fundamentals of working at height
- Fall protection oversight
- Basic system components
- Pre-use inspections
- Harness donning and inspection

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COMPETENT PERSON

Course Description

Protecting workers at-height is a challenging task and is dependent on particular job site situations and individual worker duties. There are many fall protection solutions available to workers, each having its own specific requirements. Understanding each option and proper implementation requires oversight by an experienced individual with a higher-level of knowledge and safety training. This two-day course educates students on the various components of a worksite fall protection program and will also help develop the skills required of a Competent Person. Participants will learn course content through a combination of direct classroom instruction and multiple workshops. Course participants are those who may be involved with a managed fall protection program including the employer, supervisor, safety personnel, workers, and rescuers. The course material will provide students with an engaging and enjoyable learning environment.

Duration: 16 Hour Program

Course Code: 6424

Course Overview

- Fall hazard identification
- Fundamentals of working at height
- Fall protection oversight
- Worksite programs
- Passive systems
- Administrative controls
- Fall protection planning
- Fall arrest system components
- Positioning systems
- Equipment care
- Rescue overview
- System analysis

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EQUIPMENT INSPECTOR

Course Description

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Duration: 16 Hour Program

Course Code: 6424

Course Overview

- Fall hazard identification
- Fundamentals of working at height
- Fall protection oversight
- Worksite programs
- Passive systems
- Administrative controls
- Fall protection planning
- Fall arrest system components
- Positioning systems
- Equipment care
- Rescue overview
- System analysis

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DROPPED OBJECT PREVENTION

Course Description

Every day, on job sites around the world, tools and other objects are dropped from heights, causing injury and damage. This four-hour program describes the concepts, principles, and equipment, focusing on how and why to "stop the drop" before it starts. The course covers the leading causes of dropped objects, and the methods to control them, so students leave with the practical knowledge they need to recognize and address the hazard. The course material is energetically delivered and includes hands-on activities and demonstrations, all with a focus on student participation and engagement. The course is classroom based, taught by one of our highly qualified and effective instructors. Students will be provided a course manual for use during the course, and for future reference. Upon successful course completion, certification is granted for a three-year period.

Duration: 4 Hour Program

Course Code: 6205

Course Overview

- Hazard identification
- Physics of falling objects
- Regulatory bodies
- Policy & planning
- 5S approach
- Primary & secondary systems
- Tool tethering components
- Equipment care
- Hands-on workshops

Course prerequisite:

6218 Fall Protection Comprehensive

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